

# Mental Health Screening Tools for Children and Youth

	SCREENS FOR:	AGE/GRADE RANGE	LENGTH/ INFORMANT	FREE?	LINK	PAPER OR ELECTRONIC
<b>BASC-3 Behavioral and Emotional Screening System (BESS)</b>	Externalizing problems, Internalizing problems, Adaptive skills, School problems	Preschool-grade 12 Age: 3-18	25-30 items Teacher, parent, and self-report forms	No	<a href="https://bit.ly/2NQxWin">https://bit.ly/2NQxWin</a>	Both
<b>Global Appraisal of Individual Needs-Short Screener (GAIN-SS)</b>	Externalizing behaviors, Internalizing behaviors, substance use, crime and violence	Age: 12-adult	23 items Semi-structured interview	Yes	<a href="http://gaincc.org/instruments/">http://gaincc.org/instruments/</a>	Paper
<b>Pediatric Symptom Checklist (PSC)</b>	Externalizing behaviors, internalizing behaviors, attention	Age: 3-17	35 or 17 items Self-report form and parent form	Yes	<a href="https://bit.ly/2typU70">https://bit.ly/2typU70</a>	Paper
<b>Social Emotional Health Distress Survey</b>	Internalizing Distress	Grades 9-12	10 items, Self-report form	Yes	<a href="https://bit.ly/2TMNtDK">https://bit.ly/2TMNtDK</a>	Both
<b>Social Emotional Health Survey</b>	Primary Version: Gratitude, Optimism, Zest, Persistence; Secondary Version: Belief in Self, Belief in Others, Emotional Competence, Engaged Living	Grades 3-12	20 or 36 items, Self-report form	Yes	<a href="https://www.covitalityucsb.info/sehs-measures/index.html">https://www.covitalityucsb.info/sehs-measures/index.html</a>	Both
<b>Social, Academic, and Emotional Behavior Risk Screener (SAEBRS)</b>	Social behavior (externalizing, peer relations), academic enablers, emotional behavior (internalizing, emotional competencies)	Grades K-12	19 items Teacher form 20 items Self-report form	No	<a href="https://bit.ly/2TMrMUD">https://bit.ly/2TMrMUD</a>	Electronic
<b>Strengths and Difficulties Questionnaire (SDQ)</b>	Emotional symptoms, conduct problems, hyperactivity/inattention, peer relationships, prosocial behavior	Age: 4-16	25 items Parent and teacher scales	Yes	<a href="https://sdqinfo.org/">https://sdqinfo.org/</a>	Paper
<b>Student Risk Screening Scale – Internalizing and Externalizing (SRSS-IE)</b>	Externalizing behaviors Internalizing behaviors	Grades K-12	12 items Teacher scale	Yes	<a href="https://bit.ly/3q9lwpK">https://bit.ly/3q9lwpK</a>	Paper